TEAMWORK BUILDER BADGE

Teamwork + Trust

Badge #3: Teamwork Builder

Working on Teamwork and Trust within the Family

Family Activity

Create a Family Trust Agreement

Trust helps every family member feel safe, heard, and supported. Work together to create a Family Trust Agreement that includes the promises and values that keep your family strong.

Directions

1 Gather Together
Find a quiet time and place where your whole family can talk without distractions.

2 Discuss What Trust Means
Ask each family member: "What does trust look like in our family?" Write down ideas together.

3 Create Your Agreement
Make a list of 5–7 promises or actions that show how your family will build trust with one another.

4 Write It Down
Put your agreement on a sheet of paper. Decorate it together!

5 Sign and Display
Everybody signs the agreement. Display it somewhere your family will see it often.

6 Check In Regularly
Revisit your agreement each month. Celebrate what's working and talk about what can be improved.

Examples of Trust Promises

- We listen to each other.
- We tell the truth.
- We keep our promises.
- We respect each other's feelings.
- We ask for help when we need it.
- We support each other.
- We treat each other with kindness.

Reflection Questions

- How does trust help our family work together better?
- What can we do when trust is broken?
- How can we show trust every day?

Tip: Keep your agreement visible and return to it often. Small actions build strong families!

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FAMILY TRUST AGREEMENT

Our family works together, supports each other, and builds trust every day. These are the promises we make to each other.

OUR FAMILY PROMISES

Write 5–7 promises or actions that show how our family will build trust with one another.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

We will...

- Listen to each other.
- Tell the truth.
- Keep our promises.
- Respect each other's feelings.
- Ask for help when we need it.
- Support each other.
- Treat each other with kindness.



WE COUNT ON EACH OTHER

When trust is broken, we will...

_____

_____

WE AGREE

We agree to follow our Family Trust Agreement and work together to keep our promises every day.



Name	Signature
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Date: _____

Remember: Trust grows when we keep our promises, communicate, and care for one another.

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Create a Family Puzzle

Build teamwork, trust, and connection—one piece at a time.

Activity Directions

1 Gather Together

Find a quiet time and place where your whole family can be creative and work together.
Set a goal as a family.

2 Get Your Materials

Use the materials listed to create your puzzle.

3 Decorate Your Pieces

Each family member decorates one or more puzzle pieces.
Draw or write how each of you can contribute to reach the family goal. Show your values, strengths.

4 Share and Connect

Take turns sharing what you drew or wrote on your piece.
Listen to each other and celebrate what makes your family unique.

5 Put the Puzzle Together

Assemble all the pieces to see how each person adds something important to your family picture.

6 Display Your Puzzle

Display your completed puzzle somewhere everyone can see it as a reminder of your teamwork and trust.

Materials Needed

- Blank puzzle pieces (cardboard or heavy paper)
- Markers, crayons, colored pencils
- Stickers, magazine cutouts, or washi tape
- Glue (optional)
- Scissors (with adult help if needed)

Reflection Questions

- What did you learn about each other while making the puzzle?
- How does each piece help make our family stronger?
- What can we do to keep supporting each other every day?

Tip

There is no wrong way to create your puzzle—be creative, have fun, and enjoy the time together!

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Example Family Puzzle

A sample of how your family puzzle could look.

Family Goal

Spend more quality time together and support one another every day.



1. Mom: Plan a family game night each week.



2. Dad: Cook dinner with the family on Sundays.



3. Child 1: Help clean up after family meals.



4. Child 2: Share one kind thing each day.



5. Everyone: Listen when someone is talking.



6. Everyone: Cheer each other on and solve problems together.

Why this works

- Each person has a role.
- The family is working toward one shared goal.
- Every piece matters.

☆ Families can decorate each piece with drawings, words, and colors that show their values and strengths. ☆